

Your 2026 LiveLifeWell Rewards

Cone Health's LiveLifeWell Program

Earn Well-being Bucks

All employees can complete activities to earn up to \$250 cash until December 31, 2026. Spouses on the medical plan can participate in medical enrolled activities but cannot earn Well-being Bucks.

Use the website or mobile app anywhere. From work or home. You can use a computer, smartphone or tablet.

Rewards Payroll Dates

4/23/2026 – 7/30/2026
10/22/2026 – 1/28/2027

- Go to MyActiveHealth.com/Wellbeing and login. Create your account if you are new to the program.
- Download the **MyActiveHealth Wellness app** from the App Store or Google Play – QR codes are below.

| Hearts | 2026 Reward | Activity | Eligible to earn the reward |
|--------|-------------|---|-----------------------------|
| 5,000 | \$50 | Cone Health – Two sessions with a registered dietitian | All employees |
| 5,000 | \$50 each | Cone Health – Health education classes (up to 2 series) | All employees |
| 5,000 | \$50 each | Cone Health – Boost Your Mental Well-being classes (up to 5 series) | All employees |
| 5,000 | \$50 | Cone Health – Advance care planning | All employees |
| 2,500 | \$25 | Cone Health – One Corebridge financial visit | All employees |
| 2,500 | \$25 each | Cone Health – Healthy Habits Challenges (up to 4 challenges per year) | All employees |
| 1,500 | \$15 each | ActiveHealth – Wellness webinar live or on demand (up to 10 webinars per year) | All employees |
| 100 | \$1 | ActiveHealth – Track 7,500 steps or 20 minutes of activity daily | All employees |
| 10,000 | \$100 | ActiveHealth – Three calls with a Lifestyle or Condition coach | Employees medical enrolled |
| 5,000 | \$50 | ActiveHealth – Three group coaching online classes | Employees medical enrolled |
| 15,000 | \$150 | ActiveHealth – Tobacco cessation | Employees medical enrolled |



Log in on MyActiveHealth.com/Wellbeing or use the QR code to download the MyActiveHealth mobile app to get started earning your incentives today.

For assistance? **Call 1-855-294-6577**



App Store



Google Play

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